

Connections

Issue 30 - Winter 2016/Spring 2017



VineTrust

Connecting People to Change Lives



Patron: HRH The Princess Royal

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A Warm Welcome!

Greetings from everyone at Vine Trust!

2016 has been an incredibly busy year for the Trust as we continue our goal of connecting people to change lives. In total this year, 361 volunteers have travelled with Vine Trust to work on our School Expeditions, Home-Building Expeditions and Medical Programme in Tanzania and Peru. In terms of volunteer numbers, our Medical Programme and School Expeditions have had their biggest year ever. Looking forward, we are determined to help even more volunteers to support some of the world's most vulnerable communities living in severe poverty.

We are delighted to announce that our new medical vessel, MV Forth Hope, has made its maiden voyage from Bristol to Rosyth, where it will be outfitted. Forth Hope will be Vine Trust's first purpose-built vessel, and will supplement our Medical Programme in providing primary healthcare to isolated communities which, previously, were without access to medical facilities.

In recent months, there have been a few personnel changes aboard the Vine Trust Barge. Two members of our team have moved on to pastures new, and we wish both Liz and Stewart, who remain great friends of the Trust, all the best. We are delighted to welcome Emily, Louise and David to the team, and we look forward to working closely together to develop and grow Vine Trust.

As ever, the Trust continues to look to the future, seeking innovative ways in which we can help those in our world who need it most. We have exciting plans for our projects in 2017 and beyond, and we can't wait to share them with you. Keep up to date with our news and projects on our website and social media.

Thank you for your continuing support of Vine Trust - you are making a real and significant difference to the health and welfare of vulnerable communities.



Emily,
Support & Development
Organiser

David,
Communications &
Admin Organiser

Louise,
Programme Manager:
Expedition & Education





Forth Hope

Vine Trust's first purpose-built medical vessel

The build stage of our new medical ship, undertaken by David Abels at Albion Dockyard in Bristol, is now complete. MV Forth Hope was delivered, under her own power, to Babcock International Group at Rosyth on Thursday 6th October. Vine Trust is extremely grateful to Babcock, who will lead the internal outfitting and equipping of the ship. When complete, the ship will serve up to 2 million people over the next 25 years.

Forth Hope has benefitted from the support of a number of companies during the build and outfitting of the vessel, and from several key volunteers, including Robert Marshall, who serves as the Trust's Naval Architect.

We are immensely grateful to all involved, including:

RINA	Caterpillar/Barloworld	ZF Gearboxes and Controls
Finning UK	International Paints	Cayman Island Registry
Wood Group IS	Harley Marine Consultants	TI Callenberg
HLK Marine	CO-AT Marine	Raytheon Anschutz GmbH
Wynn Marine	Babcock International Group	Ships Electronic Systems
	ESBEL Electrical Consultants	

Going forward, we continue to seek support for the outfitting of Forth Hope. If you, or an organisation you are involved with, are willing to assist Vine Trust technically or financially, please contact forthhope@vinetrust.org.



Length:
35m



Breadth:
10.2m



Gross Tonnage:
327



Our hope is to build upon the success of our medical programme over the last 15 years... the introduction of a new ship will allow us to significantly increase and enhance much needed primary healthcare services.

- Kenny Holt, Vine Trust Medical Programme Manager



Jubilee Hope

Tanzania



In 2016...



60

medical & dental
volunteers

Jubilee Hope tackles HIV on Lake Victoria

An estimated 1.5 million people in Tanzania are HIV-positive, that's 1 in 20 of the country's citizens. Despite significant effort and investment, progress in reducing the spread of HIV infection in Tanzania continues to be slow. The need for HIV services, both preventative and clinical, is huge, especially amongst high-risk and vulnerable groups such as the nomadic fishing communities on Lake Victoria. Vine Trust's Jubilee Hope Medical Programme works to reach and treat these communities, providing essential care and education to reduce the rate and effects of HIV infection.

The current initiative to address the HIV/AIDS epidemic in Tanzania is being led by PEPFAR, a USA government programme which provides an estimated 75% of all HIV/AIDS services in the country, and has invested more than £2.25bn over the past 10 years. However, for people living on the remote islands of Lake Victoria, very little of this huge investment has been targeted at addressing the HIV problems they face.

It is estimated that around 20-30% of people in these fishing communities are living with HIV. This significantly higher infection rate is down to a complex and interconnected mix of cultural, social and economic factors. HIV services have been provided by the Jubilee Hope medical ship since it started visiting the islands in March 2015, but plans are in place to significantly increase the scale and impact of the work being done. By the beginning of 2017, through community engagement and regional HIV agency collaboration, Vine Trust will be providing a range of services to these island communities including counselling, testing and treatment.

A vital component of these services will be achieved through the purchase of a CD4 machine before the end of 2016. A CD4 machine provides a guide as to when a person living with HIV should start life-saving antiretroviral treatment (ART). The ART service will be available to all community members who are HIV-positive with targeted promotion amongst children and pregnant women.

In total...



23

Jubilee Hope
Medical
Expeditions



100,000+
medical
consultations

Due to the complex nature of the challenge being faced, the Programme's services must go beyond the clinical approach alone. Included in the plans are a variety of community-based initiatives which will engage community leaders, start support groups and train health champions. These will attempt to respond to the deep-rooted behaviours and attitudes which significantly contribute to the ongoing spread of HIV on the islands.

Although the magnitude of the work which lies ahead is huge, we are not discouraged. Rather, we are excited and encouraged to know that, through the hard work and generous support of many people in Tanzania and the UK, the Jubilee Hope Medical Programme will not only change lives, but help to save them.



The forgotten people of the
Lake Victoria islands will
never be forgotten by me

- Dr Jenny Langdon



Amazon Hope

Peru

Vine Trust wins national recognition for Amazon project

As we approach the end of 2016, it's incredible to think that the Amazon Hope Medical Programme has been providing health services to remote villages in Peru for 14 years.

Connecting people to change lives continues to be at the heart of the Amazon Hope Programme. This was highlighted on the national stage earlier this year when the programme was announced as the 2016 winner of Best Practice in Public Management, in the category Public-Private Cooperation, for its participation in the 'Mama River' project with Cayetano Heredia University and the Municipality District of Parinari. The pioneering project was introduced in 2015 to improve maternal and child health in 13 riverine communities in the district of Parinari by training community health workers to identify pregnant women. Through the use of smart phone technology, the community health workers are able to coordinate rapid treatment in cases with complications or danger signs during pregnancies, and prevent maternal and perinatal deaths. The Amazon Hope Medical team has also been involved in delivering training and capacity building sessions to Community Health Workers.

“... the largest rainforest on Earth, incredible wildlife, and exquisite sunsets coloured the most unique clinical setting imaginable.”

- Dr Laura Gilchrist



In October, collaboration with the Nahui Ophthalmology Clinic, Lima, saw the delivery of the 7th eye surgery campaign performed aboard the Amazon Hope 2. Since 2011, 1500 consultations have been provided and 275 surgeries performed for cataracts and pterygium. Patients report that these surgeries and treatments make a significant impact on their quality of life and movement, allowing them to interact and participate again in a whole range of family and community activities, and improving their self-confidence.

All of the achievements in 2016 motivate us to keep seeking further ways to grow and enhance the quality and quantity of services which can be provided through the Programme. With discussions currently taking place with a number of different national and regional agencies, 2017 has the potential to be our biggest and busiest year yet. What better way to celebrate 15 years working in the Amazon!

Volunteer on our Medical Programmes

Tanzania 2017

08/01 - 22/01	05/02 - 19/02	05/03 - 19/03
02/04 - 16/04	01/05 - 14/05	21/05 - 04/06
18/06 - 02/07	16/07 - 30/07	13/08 - 27/08
10/09 - 24/09	01/10 - 15/10	22/10 - 05/11
	19/11 - 03/12	

Peru 2017

11/01 - 26/01	20/01 - 05/02	12/02 - 27/02
21/02 - 09/03	09/03 - 03/04	28/03 - 13/04
21/04 - 06/05	30/04 - 16/05	23/05 - 07/06
01/06 - 17/06	25/06 - 10/07	04/07 - 20/07
02/10 - 17/10	11/10 - 27/10	05/11 - 20/11
	14/11 - 30/11	

In 2016...



86

medical & dental
volunteers

In total...



1.2 million

medical
consultations



160

Communities
Visited

School Expeditions

The class of 2016 was our biggest yet as we sent five schools to Peru and five to Tanzania! Over 130 young people partnered with the Trust to change lives. Inverness Royal Academy, Jedburgh Grammar, Whitburn Academy, Millburn Academy and Hamilton College helped us construct 10 of the 20 homes we built this year with TAWREF (Tanzania Women Research Foundation).

Building work in Tanzania offers a fun, engaging and life-changing adventure as we work alongside local families to build new homes. During a school trip to Tanzania, young people also have the opportunity to visit some of the communities in which our local partners are involved, and are inspired by what can be achieved when we work together.



Kincorth Academy, Inverness High School, St Kentigems Academy, Armadale Academy and Peebles High School travelled to South America. They enjoyed seeing the sights in Peru, including the Presidential Palace in the Plaza de Armas, Lima, as well as some of the Inca ruins in and around Cusco. Peru school expeditions allow young people to experience the South American culture while also making a significant difference to some of the most vulnerable children in Peru, as we lead activities, crafts, sport sessions and help maintain children's orphanages. Young people return home with developed leadership skills, and they have become responsible global citizens.

Thank you to all the young people, parents, staff, management teams and schools for partnering with us in 2016 and bringing change to communities that need it most.



From summer 2017, we will be working with new projects in Peru. We will support an organisation based in Lima called Mensajeros de la Paz, which works with children in the shanty town of Chorillos. They build small classroom units so children and parents have somewhere to go to be taught outside of school. We may also get involved in sport sessions and developing the shanty town itself, green areas and street signage. New Hope children's home is the other project our school expeditions will be helping. This is a children's home with about 50 boys and girls who have been abandoned or orphaned in the city of Arequipa. The New Hope home and site is warm, spacious and homely for the children living there. The vision for our education trips is to maintain existing buildings but also to support the directors of New Hope in their dream to extend and develop the site. Peru offers young people varied work projects, allowing them to get to know local children and communities as they enjoy the rich culture of South America.

We have a couple of schools signed up for 2018 already! Why not join them and book your school up for an amazing trip to Peru or Tanzania? To request our school expedition handbooks, or to find out more, please contact our Education and Expedition Co-ordinator on 0131 555 5598, or email michelle@vinetrust.org.



Children from New Hope Centre, Arequipa

Vine Trust Board member, Mairi Fraser, visits New Hope



So far...



31

partner schools



Over

600

school volunteers

In 2017...



8

Schools &

150+

volunteers

Home-Building Expeditions

“ A truly life-changing experience. You’ll leave Tanzania with a song in your heart... ”

- Richard MacDonald

In 2016...



80

home-building volunteers



20

family homes constructed

In total...



78

small family homes constructed

2016 was another successful year for home-building expeditions. 5 teams headed out to Tanzania to build small family homes in collaboration with local builders and our partners, Tanzania Women Research Foundation (TAWREF).

Joining a home-building expedition provides you with the opportunity to witness and experience the stark reality of life for many of the communities in the Kilimanjaro region of Tanzania. Expeditions are usually made up of 20-25 volunteers who spend two weeks working at grassroots level with our Tanzanian partners, helping to construct small homes for marginalised families, and also larger children’s centres for vulnerable children and orphans.

Find out more about joining a home-building expedition at: www.vinetrust.org/volunteer/home-building



We were thrilled to congratulate 3 of our home-building volunteers on reaching the summit of Mount Kilimanjaro in October.

Stuart Thomson, Kevin South and Michael Steinmetz climbed the Rongai route of Mount Kilimanjaro over 6 days, before completing their Tanzanian adventure by joining us on the worksites of our 2 family homes. We hope for a similar trekking success story in 2017, when our very own Heather Bingham, Vine Trust’s Finance Officer, will be taking on the Machame route.



Earlier this year, returning volunteer Wendy Davison spent a week on a care expedition, visiting schools, orphanages and children’s homes before leading a home-building expedition. She tells us about her experience:

“In September this year I spent an amazing three weeks in Tanzania, returning there for my 3rd time. It was a truly special experience and one I yet again will never forget.

The first week of my adventure was spent taking part in a Vine Trust care expedition, which then led on to a two-week home building expedition, during which the group were involved in building 3 family homes.

I spent time in a primary school called Rafiki Foundation, where the children living at the Kimashuku Children’s Centre attend. I visited their classrooms, spending time in music and geography classes, where we learned about fishing, and science class discovering the different purposes of water. I also enjoyed some Swahili lessons! I ate lunch with the children and teachers, and, after school, I headed back to Kimashuku Children’s Centre for birthday cake to celebrate two of the girls turning 13 and 14.

Other days were spent with Mamma Flora and teacher Aswena at Best Children’s Centre. Children here are aged 3-7 years and I enjoyed listening to their English class learning how to say names of animals and fruits. I was able to lead their class in colouring and drawing, then headed out to play with skipping ropes, bubbles and a game of skittles.

The children of Tanzania are filled with smiles, love, hope and faith and are so pleased to see you when you arrive. They savour every minute of your time and energy, giving you back just as much. I cannot wait to go back to visit them in 2017 and be part of yet again connecting people to change lives.

Asante Sana,
Wendy”



Meet Our Families!



Mama Flora

Mama Flora is a widow, caring for her 11 year old daughter, Elizabeth, and two abandoned grandchildren. Her son brought home Frank, 7, and Denis, 1, and left them with their grandmother.

The Vine Trust home-building team was immediately taken by Flora's warm welcome, smile and positive attitude. She even got her hands dirty on the worksites, digging, passing rocks in our chain, and showing the team how carrying water (on top of your head) should be done! When not on the worksite, the team was easily distracted playing with Denis, Frank and the neighbouring local children.

The team left the worksite in October and was very happy to hear that Mama Flora's house would be completed and handed over in the following couple of weeks. We look forward to receiving news and pictures of their home opening ceremony before the end of the year.

Mama Adelmars

In September 2015 a team of volunteers was involved in the construction of a home for Mama Adelmars and her family. Widowed in 2013 due to HIV-AIDS, Mama Adelmars was living in a small house with her 3 children, Julius, Innocent and Maria, who is disabled, and relying on small-scale farming to provide an income for the family.

One of the volunteers on the home-building team, Suz Lyon, returned to Tanzania in October 2016 to participate in another home-building expedition. She had the opportunity to visit the family and was thrilled to see them thriving. The house has given them much-needed security, allowing Julius to run a small business and Innocent to continue her vocational training. Suz noted how much healthier the family, and in particular Maria, were looking. This was a great opportunity for one of our volunteers to see first-hand how they had connected with people to change their lives.



Mama Lydia

In April 2016, a team from Wood Group PSN were involved in the construction of a home for Mama Lydia. Aged 36, Mama Lydia was widowed in 2014. In the midst of the grief of losing her husband, she faced difficult living conditions and struggled to provide for her 6 children.

The team felt Mama Lydia's story stood out for them because they were building the new house alongside her old one, which really showed the difference the new home would make to the family. The house was being constructed a few hundred yards away from the main road, which meant the entire team was often moving bricks, sand and cement in a stretched out chain. They commented that it was some of the hardest work they had had to do, but that it was also the most rewarding!

Having a home which she can call her own, with the title deeds in the name of her children, Mama Lydia now has the security of knowing her children can sleep safely at night, and that her family will be provided for in the future.



“

Just go for it! It's an amazing experience and you'll have memories and new friends that will last a lifetime.

- Lauren Graham

”

Volunteer on a Home-Building Expedition in 2017

Are you interested in changing the lives of families like Mama Flora, Mama Lydia and Mama Adelmars? Join us on a Home-building expedition in 2017:

1st – 14th April

29th July - 11th August

7th – 20th October

Barge Hire

The Vine Trust Barge boasts state-of-the-art design, winning an award from the Glasgow Institute of Architects, and is available for individuals and groups to hire throughout the year.

Be it a ceilidh, conference, cocktail party or private cinema viewing - we have a space that suits your needs. Hiring venue space on the Vine Trust barge supports our operations both here in the UK, and overseas.



Glass Room

The **Glass Room** is the largest of our 4 rooms for hire, and is designed for multi-purpose use as a conference, meeting or private event space. Located on the top deck, the room features floor to ceiling glass windows with surrounding views of the Port of Leith. The room is equipped with a projector and pull-down screen, with chairs and tables available on request.



Cinema

The **Cinema** features 20 comfortable seats, carefully angled for the best view of your film or slideshow. The 90" screen, with a surround sound system, is perfect for a presentation, corporate film or your own private screening.



Training

Located on the lower deck, the **Training Room** is ideal for seminar or training purposes, fully equipped with a SMART board and multimedia projector. The **Boardroom** is suitable for small meetings, and has video/teleconference capabilities as well as a large wall-mounted screen.

All our rooms come with Wi-Fi and temperature control as standard, while there is disabled access and extensive, free parking. We are able to arrange catering for full and half-day hire, with complimentary tea, coffee & biscuits.

Email: admin@vinetrust.org for more information.

Don't just take our word for it...



Edinburgh View (@EdinburghViews)- "Visited @vinetrust barge on Prince of Wales Dock in Leith yesterday - perfect for training, seminar & meeting events."

Children's Parliament (@Creative_Voices)- "Team/Board day in Leith with spectacular views to inspire us. Thanks to @vinetrust for looking after us"



Fundraising

Vine Trust is constantly surprised and amazed by the ways in which our supporters raise funds for our programmes in Tanzania and Peru. 2016 has been no exception, and we'd like to say a huge thank you to everyone who has fundraised for the Trust in this past year - without you, we simply couldn't undertake our life-changing projects.

In June, Simon Speirs completed a marathon cycle from Land's End to John O'Groats, an 8 day journey over 881 miles. Simon participated in a home-building trip to Tanzania in the summer of 2015, and was both inspired and humbled by his experience with Vine Trust. Having previously cycled from Land's End to the Scottish Borders, Simon was determined to go one better this time, and spent over 80 hours in the saddle as he powered his way North. Thanks to his olympic efforts, Simon raised over £10,000 which he shared between the Trust and another charity.



Simon Speirs arrives at John O'Groats

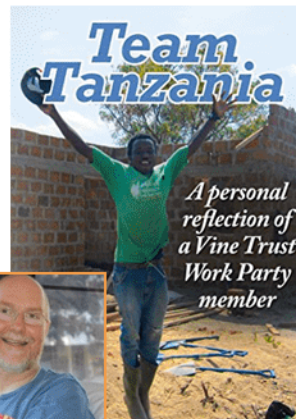


Melville with his home-building team in 2013.

Team Tanzania

In 2013, Melville Crosthwaite travelled to Tanzania as part of a "life-changing" Vine Trust home-building expedition. Motivated by a desire to share his journey, Melville put pen to paper and authored his own book, "Team Tanzania". The book is one of personal reflection, a heart-warming and heart-rending story of Melville's Vine Trust experience that is sure to make you want to join our home-building expeditions.

Published by Gilead Books, "Team Tanzania" is available for £7.95 from various retailers. Melville has very generously offered to donate all profits from sales of his book to Vine Trust.



Donations & Gift Aid

The Giving Machine

Shop & Give this Christmas
Raise FREE donations when you shop online

You'll raise a donation for us every time you shop online with TheGivingMachine and it won't cost you a penny.

John Lewis amazon
ebay Sainsbury's
Boden ToysRUs
SPORTS DIRECT.COM

HOT ON THE HIGH STREET

The Giving Machine

There's no need to be a budding Olympian to raise funds for Vine Trust. You can now help fundraise for Vine Trust without even leaving your sofa! Even better, it doesn't cost you a penny.

The Giving Machine is a fundraising organisation which helps charitable causes raise money online. By joining, you will generate a **free** cash donation when you shop with over 1500 retailers participating in the programme. Find the perfect gift and support our life-changing work!

Head over to www.TheGivingMachine.co.uk and enter the quick sign-up code **70131** to start donating today. Download the toolbar which makes it even easier to give!

Gift Aid Cards

Don't worry if you're not online - we have several Gift Aid cards available to order, which make a lovely alternative gift for special occasions. Each card has a beautiful cover photo and an individual story inside. 100% of the proceeds from these cards goes towards supporting our programmes in Peru and Tanzania.

Building a Better Future

Connecting People to Change Lives

Gift Aid Card & Donation Form

Place your order online at www.vinetrust.org/shop or post the form below to:

Shop, Vine Trust Barge, Prince of Wales Dock, Edinburgh, EH6 7DX

We will post your order to the address given below.

Item	Quantity	Item	Quantity
Connecting People to Change Lives (£15)		Home Sweet Home (£20)	
Bringing Hope to Remote Islands (£5)		Building a Better Future (£10)	
Donation	Amount	Donation	Amount
General Operations		Tanzania Home-Building	
Peru Medical Programme		Tanzania Medical Programme	
Cheque Total			

Boost your donation by 25p of Gift Aid for every £1 you donate

giftaid it

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. **The 'Payer' name, address and signature are needed to identify them as a current UK taxpayer (please fill in above).** 'I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.'

In order to Gift Aid your donation to Vine Trust SC017386 you must tick one or both of the below.

- I want Vine Trust to claim Gift Aid on this donation
- And any donations I make in the future and have made in the past 4 years

First Name: _____ Surname: _____

Address: _____

Postcode: _____ Email: _____

Signature: _____ Date: _____

Please notify the charity if you:

- want to cancel this declaration - change your name or home address - no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid



donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

VineTrust

Connecting People to Change Lives



Visit:

www.vinetrust.org

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